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# Sex-related differences in the enhancement of morphine antinociception by NMDA receptor antagonists in rats

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#### Abstract

The effect of the *N*-methyl-D-aspartate (NMDA) receptor antagonists dextromethorphan (DEX), ketamine (KET), and MK-801 on morphine (MOR)-induced antinociception has been investigated in male and female rats. DEX (7.5, 15, and 30 mg/kg), KET (0.75, 1.5, and 3 mg/kg), and MK-801 (0.075, 0.15, and 0.3 mg/kg) dose-dependently enhanced MOR-induced (3 mg/kg) analgesia in female rats. DEX and KET enhanced the peak effect, whereas MK-801 increased both magnitude and duration of analgesia. DEX also enhanced MOR-induced analgesia in male rats. However, the interaction was of less magnitude in male compared with female rats. The effects of KET and MK-801 on MOR-induced analgesia were negligible in male rats. A 3-mg/kg dose of MOR given alone produced greater analgesia in male than in female rats, but in the presence of NMDA antagonists, MOR elicited similar analgesic responses in both sexes. © 2003 Elsevier Inc. All rights reserved.

Keywords: Dextromethorphan; Ketamine; MK-801; Morphine; Antinociception; Tail-flick test; Sex; Rats

#### 1. Introduction

The opioid analgesic drugs are widely used for the treatment of moderate to severe pain. However, there are significant opioid-related side effects including sedation, respiratory depression, and constipation. In addition, the chronic use of opioids is associated with the development of tolerance to the analgesic effect. Finally, long-term opioid use can be associated with abuse and dependence. One approach to the limitations with opioid-only use for pain has been to attempt to combine other agents with opioids (see Caruso, 2000; Hewitt, 2000; Katz, 2000) in an effort to enhance analgesia, reduce side effects, and limit the development of tolerance and dependence. In this regard, the combination of drugs acting at glutamate receptors, particularly the *N*-methyl-D-aspartate (NMDA) receptor, has been of particular interest.

It has been established that the glutamate system interacts with the opioid system. There is a significant body of evidence that  $\mu$ -opioids affect NMDA receptors and that NMDA receptors are involved in the development of opioid tolerance (see Bell, 1999; Mao, 1999 for review)

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and physical dependence (see Bisaga et al., 2001; Bisaga and Popik, 2000 for review). In addition, it has been shown that NMDA antagonists may enhance and prolong opioid analgesia in humans (Caruso, 2000; Bisaga et al., 2001; Katz, 2000) and in at least some studies in rodent models of pain (see Belozertseva et al., 2000; Kozela et al., 2001 and discussion). This combination therapy may be effective in the treatment of neuropathic pain (see Hewitt, 2000 for review), which is often poorly managed by opioids alone. NMDA antagonists alone do have some utility in treating pain, particularly neuropathic pain; however, the usefulness of these drugs is limited by a narrow therapeutic index and severe side effects (psychotomimetic, sedation, and motor effects; see Sang, 2000; Schmid et al., 1999).

It has been repeatedly shown that the analgesic responsiveness to opioid drugs is related to sex in rodent models of pain. Typically, morphine (MOR) has been found to produce greater analgesia in males compared with female rats in the tail-flick assay (Craft, 2003; Kest et al., 2000). In earlier studies, we have found that enhancement of opioid analgesia is related to sex (Holtman et al., 2003). In addition, recent preliminary data (unpublished observations) suggest that NMDA receptor mechanisms may be involved in sexual dimorphism of opioid effects in rats. This phenomenon has also been examined in mice where sex

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differences in the effect of MK-801 (dizolcipine) on MORinduced analgesia were demonstrated (Lipa and Kavaliers, 1990).

Therefore, to further explore the possibility of the involvement of NMDA receptor mechanisms in the sexual dimorphism of MOR, we compared the effects of three noncompetitive antagonists of NMDA receptors (dextromethorphan [DEX], ketamine [KET], and MK-801) on MOR-induced analgesia in male and female rats. DEX, an opioid derivative that does not act at opioid receptors (Tortela et al., 1989), is a widely used antitussive medication. It is a moderately potent, noncompetitive/nonselective NMDA receptor antagonist (Chou et al., 1999) with activities at non-NMDA receptor sites (Church et al., 1991; Netzer et al., 1993). It has been combined with MOR for human studies (Caruso, 2000). KET is a noncompetitive/selective NMDA receptor antagonist (Yamamura et al., 1990), which also acts on  $\sigma$ -receptors (Hustveit et al., 1995). It is used clinically as a dissociative anesthetic and in subanesthetic doses is a potent analgesic (Fisher and Hagen, 1999). MK-801 is a prototypical, highly potent, noncompetitive/selective NMDA receptor channel blocker (Wong et al., 1986).

The aim of the present study was to compare the analgesic effects of DEX, KET, and MK-801 alone as well as their affect on MOR analgesia (tail-flick test) in both female and male rats. The results of this animal study may be of importance in further clinical studies on the effective-ness of NMDA antagonist–opioid agonist combination therapy in male and female patients experiencing acute or chronic pain.

## 2. Materials and methods

### 2.1. Animals

Ninety male (350 g) and female (250 g) age-matched (85–90 days old) Sprague–Dawley rats (Harlan) were used in the present study. The estrous cycle was not determined. The rats were housed individually in a temperature-controlled environment with a 12:12-h light/dark cycle (lights on at 6:00 am). Standard laboratory chow and tap water were available ad libitum. Rats were handled in accordance with the Guide for the Care and Use of Laboratory Animals. The experiments were performed according to a protocol approved by the University of Kentucky Animal Care and Use Committee.

## 2.2. Administration of drugs

Fresh solutions of MOR sulfate (Mallinckrodt, St. Louis, MO) and DEX hydrobromide,  $(\pm)$  KET hydrochloride, and (+) MK-801 hydrogen maleate (Sigma, St. Louis, MO) were prepared in saline (SAL) on the day of use. Rats were injected by the intraperitoneal route (0.5 ml/kg) with DEX

(7.5, 15, and 30 mg/kg), KET (0.75, 1.5, and 3 mg/kg), MK-801 (0.075, 0.15, and 0.3 mg/kg), or SAL followed by a fixed dose (3 mg/kg and 0.5 ml/kg) of MOR at weekly intervals. This dose of MOR has been shown to provide a consistent but less than maximum antinociceptive effect (Holtman et al., 2003). A Latin square design was used to balance the order of doses of DEX, KET, and MK-801. Additional rats (controls) were injected with DEX (7.5, 15, and 30 mg/kg), KET (0.75, 1.5, and 3 mg/kg), MK-801 (0.075, 0.15, and 0.3 mg/kg), or vehicle (SAL). The doses refer to the salt forms.

#### 2.3. Experimental procedure

Analgesia was assessed using a standard tail-flick apparatus (EMDIE Instrument, Roanoke, VA). The intensity of the thermal stimulus was adjusted to provide average baseline tail-flick latency (TFL) of 2-3 s. A cutoff time of 10 s was used to avoid any injury to the tail. All rats were handled and trained in the test situation before the initiation of the tail-flick test. During the experiments, TFL was measured twice (15 min apart) before and at 15, 30, 60, and 120 min following administration of the drug(s).

## 2.4. Data analysis

For each rat and at each time point, TFL was normalized for preinjection baseline measured on the day of the experiment (postinjection TFL - baseline TFL). The timeaction curve for the normalized TFL was generated. The areas under the time-action curve for experimental data  $(AUC_{0-120 \text{ min}})$  and theoretic data (maximum AUC<sub>0-120 min</sub>) [assuming TFL=cutoff at each postinjection time point]) were then calculated by the trapezoidal rule. Percentage of the maximal possible effect (%MPE) was obtained according to the formula: %MPE=(AUC<sub>0-120 min</sub>/maximum-AUC<sub>0-120 min</sub>)  $\times$  100. Data were analyzed by two-way repeated-measures (RM) AVOVA (factors: Treatment × Sex and Treatment × Time) using post hoc Student's-Newman-Keuls' (SNK) and Bonferroni tests and one-way RM ANOVA (factor: Treatment) using post hoc SNK test (SigmaStat computer software). The level of significant difference was  $P \leq .05$ .

# 3. Results

Table 1 summarizes baseline sensitivity to thermally induced pain (preinjection TFL) in male and female rats, which were repeatedly challenged with either MOR alone or in combinations with NMDA antagonists: DEX, KET, or MK-801. The data indicate that the baseline (preinjection) responsiveness to radiant heat did not significantly change across time with treatment within each group of male or female rats.

Baseline (preinjection) tail-flick response (TFL, s) in rats treated with MOR (3 mg/kg) alone and MOR+DEX (7.5, 15, and 30 mg/kg), MOR+KET (0.75, 1.5, and 3 mg/kg), and MOR+MK-801 (MK, 0.075. 0.15, and 0.3 mg/kg)

Treatment dose	Number of rats	Male	Female
MOR	12/sex	$2.91 \pm 0.183$	$2.42 \pm 0.134$
MOR+DEX (7.5 mg/kg)		$3.00\pm0.213$	$2.35\pm0.139$
MOR+DEX (15 mg/kg)		$2.92\pm0.184$	$2.39 \pm 0.161$
MOR+DEX (30 mg/kg)		$2.65\pm0.118$	$2.17\pm0.117$
MOR	12/sex	$2.79 \pm 0.204$	$2.17\pm0.119$
MOR+KET (0.75 mg/kg)		$2.97 \pm 0.269$	$2.30\pm0.162$
MOR+KET (1.5 mg/kg)		$3.00\pm0.210$	$2.25\pm0.126$
MOR+KET (3 mg/kg)		$2.80\pm0.147$	$1.89\pm0.122$
MOR	8/sex	$2.73\pm0.156$	$2.87 \pm 0.109$
MOR + MK (0.075 mg/kg)		$2.78\pm0.245$	$2.64 \pm 0.181$
MOR+MK (0.15 mg/kg)		$2.70\pm0.190$	$2.62\pm0.183$
MOR+MK (0.3 mg/kg)		$2.81\pm0.255$	$2.49\pm0.204$

Drugs were administered in weekly intervals (randomized doses). Data are means  $\pm$  S.E.M. of *n* rats/sex/group.

Fig. 1A–D present time–action curves (TFL) for SAL (1 ml/kg), DEX (30 mg/kg), KET (3 mg/kg), and MK-801 (0.3 mg/kg) in male and female rats. The data show that neither SAL nor the NMDA receptor antagonists alone produce significant analgesia in male or female rats.

Fig. 2A and B show time–action curves (TFL) for MOR alone (3 mg/kg) and MOR + DEX (7.5, 15, and 30 mg/kg) in male and female rats. The data indicate that DEX enhanced the magnitude and had some effect on the duration of MOR analgesia. The analgesic effect in female rats was significantly related to Treatment and Time [F(3,191)=6.7, P<.0025, F(3,191)=12.2, P<.0001, respectively]; however, there was no statistically significant interaction between treatment and time (two-way RM ANOVA). Analgesia was

related to time [F(3,191)=20.3, P<.0001] but not to treatment in male rats.

Fig. 3 presents the dose-response relationship of the analgesic effect (%MPE) produced by DEX alone, MOR alone, and MOR+DEX. In the tested dose range, DEX alone (7.5-30 mg/kg) did not produce analgesia. MOR alone, as previously shown (Cicero et al., 1996), produced a greater analgesic effect in male compared with female rats. MOR (3 mg/kg) analgesia was progressively enhanced by increasing doses of DEX (7.5, 15, and 30 mg/kg) in female rats [F(3,47) = 5.6, P < .005, one-way RM ANOVA] while the dose-effect relationship was below the level of statistical significance in male rats. A two-way RM ANOVA indicated significant between-sex and between-treatment differences [F(3,95) = 12.5, P < .025 and F(3,95) = 6.3,P < .001 with no significant Sex  $\times$  Treatment interaction. The extent of enhancement of MOR-induced analgesia tended to be greater in female than in male rats. In female rats, MOR alone (3 mg/kg) produced  $15.2 \pm 2.9\%$  MPE and MOR + DEX (30 mg/kg) produced  $56.6 \pm 10.3\%$  MPE. This represents a 2.7-fold increase in analgesic effect. In male rats, MOR alone produced  $38.9 \pm 8.3\%$  MPE and MOR + DEX (30 mg/kg) produced  $62.9 \pm 9.4\%$  MPE. This represents only 0.6-fold increase in analgesic effect.

Fig. 4A and B show the time-action curves (TFL) for MOR alone (3 mg/kg) and MOR + KET (0.75, 1.5, and 3 mg/kg) in male and female rats. KET increased the peak effect of MOR but did not prolong its action in female rats. The analgesic effect was significantly related to Treatment and Time [F(3,191)=12.8 and F(3,191)=15.8, respectively, P < .0001], but there was no significant Treatment × Time interaction in female rats (two-way RM ANOVA). The effect of KET on MOR was less prominent in male rats.



Fig. 1. Time-action curves for SAL (1 ml/kg) (A), DEX (30 mg/kg) (B), KET (3 mg/kg) (C), and MK-801 (MK, 0.3 mg/kg) (D) in male and female rats. Analgesia is presented as TFL (s, normalized for baseline). Data are means ± S.E.M. for 6 SAL and 4 DEX, KET, and MK rats/sex.



Fig. 2. Time-action curves for MOR (3 mg/kg) alone and MOR + DEX (7.5, 15, and 30 mg/kg) in male (A) and female (B) rats. Analgesia is presented as TFL (s, normalized for baseline). Data are means  $\pm$  S.E.M. for 12 rats/sex. \* Significantly different from MOR alone (P < .05, post hoc Bonferroni method).

Fig. 5 shows the dose-response relationship of the analgesic effect (%MPE) produced by KET alone (0.75, 1.5, and 3 mg/kg), MOR alone (3 mg/kg), and MOR + KET (0.75, 1.5, and 3 mg/kg). As can be seen, the analgesic effect of KET alone was negligible. KET produced a dose-related enhancement of MOR analgesia in female rats [F(3,47)=

12.0, P < .00025, one-way RM ANOVA], while male rats were less sensitive. A two-way RM ANOVA revealed that between-treatment differences were statistically significant [F(3,95)=3.3, P < .025], while the effect of sex was just under significance [F(3,95)=3.9, P=.058]. In female rats, KET (3 mg/kg) produced a threefold increase



Fig. 3. The dose–response relationships of the analgesic effect produced by DEX alone, MOR alone, and MOR+DEX in male and female rats. Analgesia is presented as %MPE. Data are the means  $\pm$  S.E.M. for 4 DEX and 12 MOR+DEX rats/sex. \* Significantly different from MOR alone (P < .05, post hoc SNK test).



Fig. 4. Time-action curves for MOR (3 mg/kg) alone and MOR + KET (0.75, 1.5, and 3 mg/kg) in male (A) and female (B) rats. Analgesia is presented as TFL (s, normalized for baseline). Data are means  $\pm$  S.E.M. for 12 rats/sex. \* Significantly different from MOR alone (P < .05, post hoc Bonferroni method).

in MOR (3 mg/kg) analgesia ( $45 \pm 5.7\%$  MPE vs. 11.4  $\pm 2.5\%$  MPE), while in male rats the increase in MOR analgesia was negligible ( $38.2 \pm 6.9\%$  MPE vs.  $35.4 \pm 8.27\%$  MPE).

Fig. 6A and B show the time-action curves (TFL) for MOR alone (3 mg/kg) and MOR+MK-801 (0.075, 0.15, and 0.3 mg/kg) in male and female rats. MK-801 affected

both peak action and duration of MOR analgesia in female rats. The analgesic effect was significantly related to Treatment [F(3,127)=4.3, P<.025] and Time [F(3,127)=3.1, P<.0001], with a significant Treatment × Time interaction [F(9,127)=2.4, P<.025] in female rats. Analgesia was related to Time [F(3,127)=11.3, P<.0001] but not to treatment in male rats (two-way RM ANOVA).



Fig. 5. The dose-response relationship of the analgesic effect produced by MOR alone and MOR+KET in male and female rats. Analgesia is presented as %MPE. Data are the means  $\pm$  S.E.M. for 4 KET and 12 MOR+KET rats/sex. \* Significantly different from MOR alone (P < .05, post hoc SNK test).



Fig. 6. Time–action curves for MOR (3 mg/kg) alone and MOR+MK-801 (MK, 0.075, 0.15, and 0.3 mg/kg) in male (A) and female (B) rats. Analgesia is presented as TFL (s, normalized for baseline). Data are means  $\pm$  S.E.M. for 8 rats/sex. \* Significantly different from MOR alone (P < .05, post hoc Bonferroni method).

Fig. 7 illustrates dose-response relationships (%MPE) for MK-801 alone (0.075, 0.15, and 0.3 mg/kg), MOR alone (3 mg/kg), and MOR+MK-801 (0.075, 0.15, and 0.3 mg/kg). The data show that MK-801, at doses that by themselves did not cause analgesia, dose-dependently enhanced

the analgesic effect of MOR in female rats [F(3,31)=3.3, P<.01, one-way RM ANOVA]. The effect of MK-801 on MOR-induced analgesia was less pronounced in male rats. The addition of MK-801 (0.3 mg/kg) caused a 1.7-fold increase in MOR (3 mg/kg) analgesia in female rats



Fig. 7. The dose-response relationship of the analgesic effect produced by MOR alone and MOR+MK-801 (MK) in male and female rats. Analgesia is presented as %MPE. Data are the means  $\pm$  S.E.M. for 4 MK and 8 MOR+MK rats/sex. \*Significantly different from MOR alone (P < .05, post hoc SNK test).

#### 4. Discussion

vs. 30.8 ± 11.7% MPE).

The present data indicate that NMDA receptor antagonists such as DEX, KET, and MK-801, in doses that do not produce antinociceptive effects alone, significantly and dose-dependently potentiate the antinociceptive effects of MOR in female rats when tested by the tail-flick analgesic assay. There was a trend for enhancement of MOR analgesia by DEX in male rats; however, the magnitude of this effect was lesser than in female rats. KET and MK-801 had only a marginal effect on MOR analgesia in male rats. These findings support previous studies showing a stronger effect with DEX than with KET or MK-801 in male rats (Grass et al., 1996; Kozela et al., 2001; Plesan et al., 1998).

There is a volume of literature showing potentiation, attenuation, or no effect of the NMDA antagonists on acute MOR analgesia (see Belozertseva et al., 2000; Kozela et al., 2001) For example, DEX enhanced MOR analgesia (hotplate test) in male rats (Grass et al., 1996; Hoffman and Wiesenfeld-Hallin, 1996; Plesan et al., 1998) and in male mice (Baker et al., 2002) but not in mice tested by the tailflick test (Popik et al., 2000). Others have shown that the DEX enhancement of MOR analgesia is related to the site of recording (tail vs. paw) (Kozela et al., 2001) and strain in male rats (Bulka et al., 2002; Plesan et al., 1999). KET enhanced MOR analgesia (hot plate) in male mice (Baker et al., 2002) but had a less pronounced effect in male rats (Plesan et al., 1998). MK-801 either reduced (hot-plate test) (Lipa and Kavaliers, 1990; Saucier and Kavaliers, 1994) or did not affect MOR analgesia (tail-flick test) in male mice (Bilsky et al., 1996; Elliott et al., 1994a; Lufty et al., 1993) and male rats (Trujillo and Akil, 1991). However, Kest et al. (1992) showed that MK-801 enhanced the analgesic effect of a low (1 mg/kg) but not a high (5 mg/kg) dose of MOR (tail-flick test) in male rats. These conflicting data indicate that the effect of NMDA antagonists on opioid-induced analgesia is a complex phenomenon and likely depends on several factors such as type of antagonist, dose, pain test, species, and strain. Our data, which appear to agree with a lack of significant enhancement of MOR analgesia in male rats (tail-flick test), additionally revealed that the effect of DEX, KET, and MK-801 on MOR is related to sex (female>male). In the present study, the more pronounced enhancement of MOR antinociception by the NMDA receptor antagonists in female than in male rats is an interesting observation because the analgesic effect of MOR is generally well accepted to be less in female than in male rats (Cicero et al., 1996). This observation was also confirmed in the current study; however, the addition of the NMDA receptor antagonists diminished the difference in MORinduced analgesia between the sexes. Whether sex differences are maintained for equipotent doses of MOR in male and female rats remains to be tested.

In the present study, the coadministration of KET enhanced the peak effect of MOR but did not prolong its analgesic action. DEX tended to affect the peak effect and duration of MOR-induced analgesia. MK-801 enhanced both the magnitude and the duration of MOR analgesia in female rats. Enhancement of analgesia by concomitant administration of NMDA receptor antagonists and MOR may suggest an analgesic synergy between these drugs. This hypothesis can be further tested by isobolographic analysis. Alternatively, NMDA receptor antagonists seem to lengthen MOR analgesia; thus, it has been proposed that blockade of the NMDA receptor(s) attenuates acute tolerance to MOR (Ben-Eliyahu et al., 1992; Belozertseva et al., 2000; Grass et al., 1996; Plesan et al., 1998). The abilities of NMDA receptor antagonists to inhibit and reverse analgesic tolerance to chronically administered MOR has been repeatedly shown (Bilsky et al., 1996; Elliott et al., 1994a,b; Lufty et al., 1993; Manning et al., 1996; Mao et al., 1996; Popik et al., 2000; Trujillo and Akil, 1991). The mechanism of action is not entirely clear. For instance, it has been proposed that the opiate-related activation of NMDA receptors through Gproteins associated with µ-opioid receptor may affect protein kinase C and nitric oxide. Further, interaction of NMDA antagonists and MOR may occur in the signal transduction system as a change in the adenyl cyclase activity or Ca<sup>2+</sup> influx (Bilsky et al., 1996; Chen and Huang, 1991; Lufty et al., 1993; Mao et al., 1995, 1996). The greater effect of DEX, KET, and MK-801 on MOR antinociception in female versus male rats indicates a sexual dimorphism in the NMDA-opioid interaction. In this context, the lesser analgesic effect of MOR as well as the greater effectiveness of NMDA antagonists suggests that during opiate-induced analgesia NMDA receptors may be activated to a greater extent in female than in male rats.

The pharmacological properties of NMDA and opioid receptors are defined by composition of subunits; thus, concomitant treatment with NMDA antagonists and MOR may cause different compensatory adaptations in receptor function in male and female rats. Sex differences in rat brain structure have been recognized for many years. Numerous neuronal targets are probably systematically affected by steroid hormones, which may alter either temporarily or permanently the way the brain functions. Sexual dimorphisms include differences in neuroanatomical function, neuroendocrine physiology, regional neurotransmission and neurotransmitter densities, and many physiological responses influenced by steroids. In this regard, it has been shown that NMDA receptor densities differ with respect to sex and the estrous cycle in rats (Palomero-Gallagher et al., 2003) and that ovarian steroids modulate NMDA receptors (Weiland, 1992; Gazzaley et al., 1996). Further, sex-related pharmacokinetic interactions cannot be ruled out; however, this is unlikely because sexual dimorphism in the analgesic effect of MOR could not be explained by differences in

plasma and brain drug levels (Cicero et al., 1997). The analgesic effects induced by DEX, KET, and MK-801 were negligible and not related to dose and sex (present study); in addition, MK-801 has been shown to affect MOR analgesia without affecting MOR pharmacokinetics in mice (Maeda et al., 2002). However, it should be mentioned that the distribution of KET into the brain was shown to be increased by another opioid agonist, alfentanil (Edwards et al., 2002).

The present data show that DEX enhances MOR analgesia in both sexes, whereas the actions of KET and MK-801 (at least in the doses tested) seem to be selective for female rats. Both KET and MK-801 are considered to be selective antagonists of the NMDA receptor (KET may also act on  $\sigma$ receptors (Hustveit et al., 1995; Nakao et al., 2002)), while it has been suggested that the action of DEX is nonselective for the NMDA receptor (Carpenter et al., 1988; Chou et al., 1999; Elliott et al., 1994a). In the latter respect, it has been thought that DEX reduces intracellular Ca<sup>2+</sup> both through NMDA-gated and non-NMDA (voltage-dependent) calcium and sodium channels while KET has a more profound effect on NMDA-gated  $Ca^{2+}$  current than on  $K^{+}$ -evoked  $Ca^{2+}$ influx (see Elliott et al., 1994a). In female rats, the effect of DEX on MOR-induced analgesia resembles the effects of KET and MK-801, suggesting action through the NMDA receptor. In male rats, the more pronounced effect of DEX (compared with KET and MK-801) can be due to a non-NMDA mechanism of action.

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